

Services

- Free crèche facilities are available at every session
- There will be free transportation available for SAM Project participants.
- Young mothers who have completed school are welcome to join in for the developmental programme

If you have further questions or would like to be involved, please contact:

Barnardo's Young Parents Network

Tel: 028 9047 3856

e-mail: ni.youngparents@barnardos.org.uk

SAM

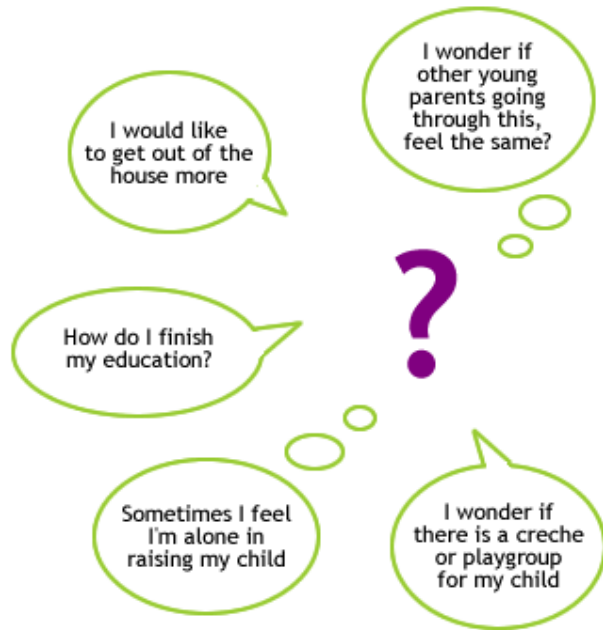
School Aged Mothers

PROJECT



The School Age Mothers Project was developed to give young mothers the opportunity to fulfil their school requirements, and talk about other issues in a supportive environment.

Why get involved in the SAM Project?



We believe:

Education is important.

Young people can make very good mothers and fathers and that sometimes we need to challenge other people's negative attitudes.

Young parents need to be assured they are not alone or isolated within their own community.

Young parents should be fully involved in decisions made about services offered to them.

We offer the following:

- A place for young parents/parents to be to meet where they can study and relax in a comfortable environment while receiving support from their peers.
- An individually tailored educational programme.
- A programme created with the participants which may explore:
 - topical issues
 - health issues
 - child development
 - relationships
 - parenting skills
 - one's own personal development
- Support, advice and guidance to assist in the difficult job of becoming a parent

The Schedule

OPEN NIGHT—young mothers and their parent(s) or carer(s) meet with project workers for an information evening.

Young mothers and their parent(s) or carer(s) meet with Educational Welfare Service officers and a school designated teacher to draw up personal education plans.

A Monday-Thursday schedule to be arranged as such:

12:30 - 13:00 Arrival and lunch

13:00 - 15.15 Education or Health and Personal Development

15.15 - 15.45 Information and support group.

2 weeks holiday at Xmas and Easter